

# Common Requests for Special Needs

Gorham Scout Ranch makes every reasonable effort to meet the needs of campers.

## MENU ALTERATIONS FOR:

**Dietary Restrictions**  
**Sugar Free (Diabetic)**  
**Vegetarian**  
**Food Allergies**

Camp menus are posted online ([www.gorhamscout ranch.org](http://www.gorhamscout ranch.org)) on May 1, prior to the opening of the camping season.. Although menus are subject to change, they give a good idea of the meal items planned. We anticipate having campers and leaders with a variety of special dietary needs including: gluten, eggs, milk, nuts, or personal (vegetarian) and religious (pork) beliefs. However, knowing if our campers have special dietary needs well in advance helps us more effectively plan to provide quality meals for them. If you have a Scout that has a specialized diet that may require them to bring their own food, please contact the camp director to make arrangements. Campers are not permitted in the kitchen per state health department regulations, but the cook may be able to assist with minor menu substitutions.

**Please submit a Special Needs Form (Page 28 of the Appendix) stating the specific dietary requests. One form per Scout or adult leader.**

## WHEELCHAIR & LIMITED MOBILITY ACCESS

Camp staff will make every effort to place those with mobility challenges in campsites close to the center of camp. Gorham Scout Ranch has limited wheelchair access to tents, restrooms, and other campsite features. **Submit a Special Needs Form (Page 28 of the Appendix) to enable the camp director to place the Troop in an appropriate campsite with the best access.** Be sure to submit the form at least two weeks prior to camp. Off-road wheelchairs will make mobility around camp easier.

## VEHICLES IN CAMP

Private vehicles are NOT PERMITTED in camp. The ONLY exception made is for persons with severe mobility limitations. A state-issued disabled parking permit is required, and approval from the camp director MUST be granted in the form of a vehicle pass displayed at all times on the vehicle dashboard. As vehicles present a safety hazard for pedestrians on camp roads, this rule is strictly enforced; only extreme circumstances warrant a vehicle pass.

## CPAP MACHINE (night-time breathing machine)

For campers with CPAP machines, please note that campsites do not have electricity and sleeping areas are not available in buildings at camp. To prepare for camp, two options are suggested:

- ◇ Avid campers may consider purchasing a battery-operated CPAP machine. A good source for battery-powered CPAP machines is [www.cpap.com](http://www.cpap.com). If charging a battery-operated CPAP is required during daytime hours, please schedule charging times.
- ◇ Those who use a machine that requires 120v AC power (household current) can bring an inverter and an automobile battery. This is a proven method for many campers over the past several summers. Please note that vehicles cannot be parked in or near campsites for the purpose of powering CPAP machines.

**Please submit a Special Needs Form (Page 28 of the Appendix) to enable camp to address the need.**

## INJECTIONS

Camp personnel are not authorized to administer injections. Campers who require injections need to administer their own injections or be accompanied by an adult trained and authorized (by parent/guardian in the case of a minor) to administer injections for that camper.

**All Special Needs Form (Page 28 of the Appendix) must be submitted two weeks prior to your arrival at camp in order to allow camp staff to honor requests. THANK YOU.**

# Camp Rules

**All Scouts, adults leaders, and camp staff are expected to live by the Scout Oath and Law  
Individuals or Troops will be asked to LEAVE camp for violation of camp policies:**

- Vehicles are to be parked only in designated parking areas. Always park facing the road, and keep your keys with you at all times. Please lock your vehicle. Keep valuables locked in your vehicle or see the camp director for other arrangements. Never park on vegetation.
- The speed limit in camp is 5 mph; drivers must exercise extreme caution at all times. **No one may ride in the bed of a pick-up truck.**
- To assure the safety of the units/groups at camp and to minimize the impact on the environment and trails, only one vehicle at a time will be permitted to go to the campsite to unload. All vehicles must be returned to the designated parking areas. **No vehicles will be kept at the campsite without prior arrangements with the camp director.** Never park on vegetation, only park next to road in campsites.
- All units will maintain two-deep leadership and meet national BSA Youth Protection requirements.
- All trash must be properly disposed of during camp as well as upon check out.
- Use your assigned campsite; all other campsites and buildings are off-limits.
- Quiet time starts at 10:00pm.
- Check out is at 7:30am Saturday. If a unit intends to leave prior to check out, they must make arrangements with the camp director at check-in.
- Units must clear their campsite with their Troop guide or commissioner before leaving camp.
- Units leaving facilities in an unsatisfactory condition may be assessed a fee for cleaning and/or repairs. Repairs due to damage of tents, platforms, or other camp property will be billed to the Troop at full replacement cost.
- Campfires are permitted only in established campfire rings that are in each campsite, fire restrictions permitting.
- Non-standing trees may be cut. Any dead fall or remains of thinning projects may be used for firewood. You must have prior permission from the camp ranger to use a chainsaw.
- All fires must be extinguished before the unit leaves their campsite. Campfires are not permitted during burn restriction.
- Possession, consumption or being under the influence of alcohol, narcotics or dangerous drugs will not be tolerated on the properties of the Boy Scouts of America.
- Food is not allowed in tents. Food in campsites should be controlled to reduce the attraction of wildlife. Do not remove food from the Dining Hall without permission
- No phones or recording devices allowed in the showerhouse.
- No backpacks are allowed in the Lodge or Trading Post.
- No open-toed shoes allowed in camp, except for the showerhouse and pool area.
- Hazing of any kind is not permitted in the Scouting program and will not be tolerated at camp. This includes snipe hunts, pushups, singing for "lost and found" belongings.
- Campers are not permitted to use tobacco in any form at Gorham Scout Ranch, adults are asked to confine smoking, including vapor and E-cigarettes, to the parking lot inside their personal vehicle and any trash must be contained in the vehicle, not on camp grounds.

# Health & Safety

## Dining

Units will be dining in the Lodge; meals are served cafeteria-style. Quality meals are prepared by our experienced cooks. Second servings will usually be available for our hungry campers at each mealtime. Peanut butter and jelly sandwiches and fruit will be available throughout the day for those who would like a nutritious snack.

## Dietary Restrictions

Notification of dietary restrictions must be made to the camp director by June 1st by submitting a **Special Needs Form**, located on page 28 of the Appendix. Gorham Scout Ranch will do everything possible to accommodate dietary needs; however Scouts and their parents are encouraged to bring any additional food that they feel would better satisfy their needs.



## Water

Due to the altitude and location of Gorham Scout Ranch, summer temperatures in the afternoon can be very high. It is important that every Scout, adult leader, and visitor be aware of their water consumption. Soft drinks, tea, or coffee will not replace water. Dehydration, heat exhaustion, and heat stroke are all ailments we see every year. It is up to unit leaders, Scouts and camp staff to ensure that everyone is drinking plenty of water. Scouts are expected to carry a water bottle with them at all times.

## Hand Washing

Due to the primitive nature of facilities at camp, it is of critical importance that all camp staff and unit leaders work to ensure that campers are following good hand washing procedures. Signs are posted at all restrooms and hand-washing stations. Please reinforce the importance of hand-washing within your campsite. Keeping camp safe and sanitary is everyone's responsibility. Hand sanitation will be required before every meal in the Lodge. Hand sanitizers will be available at the entrances to the Lodge.

## Health Forms and Physical Examinations

All youth and adults in camp must have a current BSA medical form on file with the camp medic. Any prescription medication **MUST** be checked in with the camp medic upon arrival to camp and will be stored in the First Aid Station. Exceptions must be agreed upon with the unit leader and the camp medic. All medication **MUST** be picked up at the end of the session. Unit leaders are responsible for collecting all health forms at the end of their camp session. There is no guarantee that forms that were left behind will be available after camp. Please make a copy of all forms **BEFORE** coming to camp.



# Emergency Procedures

## Minor Accidents and Emergencies

Minor accidents may be treated as First Aid in your campsite. When in doubt, check with the camp medic.

## Major Accidents and Emergencies

Please notify the camp medic and/or camp director immediately of all major accidents and emergencies. An incident report is required to be filled out by camp staff. Present all facts known. Do not make statements to any outsider and refer any inquiries from the press to the Council Office.

## Lost Camper

Unit leaders should be aware of the approximate locations of all Scouts at all times. Periodic head counts are suggested. If a Scout is missing following a search of the camp site, notify the camp director immediately.

## Emergencies Requiring Camp Mobilization

Upon hearing sirens the entire camp assembles in unit formation at the parking lot to receive instructions and updates. A fire drill will be conducted at Noon on Monday (Noon on Tuesday for Week 5), and the assembly will occur at the parking lot. Adults must bring their car keys to help expedite evacuating the camp in an emergency.

# Gearing Up For Camp

## Suggested Personal Gear

**CLEARLY MARK ALL ITEMS WITH YOUR NAME AND UNIT NUMBER.**

Everyone is advised to always carry water, raingear, a hat, and sunscreen.

**Note:** This equipment list is meant to serve as a guide. Use your discretion in choosing what to bring to camp. Things do get broken or lost. Please plan accordingly and leave valuable items at home.

### Clothing

- ◇ Pajamas
- ◇ Scout Uniform & Camp T-Shirts
- ◇ Sweater or Jacket
- ◇ Rain gear
- ◇ Hat or Visor
- ◇ Long pants or shorts (long pants are required for C.O.P.E., rock climbing, Swimming/Lifesaving merit badges and ATV Program)
- ◇ T-shirts (Long sleeved T-Shirt is required for Swimming/Life saving merit badges)
- ◇ Lots of extra socks and underwear
- ◇ Hiking Boots/Tennis Shoes
- ◇ Close-toed shoes
- ◇ Sandals/Flip Flops (to be worn only in shower or pool, but **not allowed in camp at any other time**)
- ◇ Theme Day Items-Hawaiian shirt

### Very Important

- ◇ Signed medical form
- ◇ Spending Money

### Bedding

- ◇ Sleeping Bag
- ◇ Sleeping Pad
- ◇ Pillow
- ◇ Folding Cot

### Toiletries

- ◇ Toothbrush and toothpaste
- ◇ Towel/washcloth
- ◇ Comb
- ◇ Soap for body
- ◇ Deodorant
- ◇ Sunscreen
- ◇ Insect repellent



### Camp Necessities

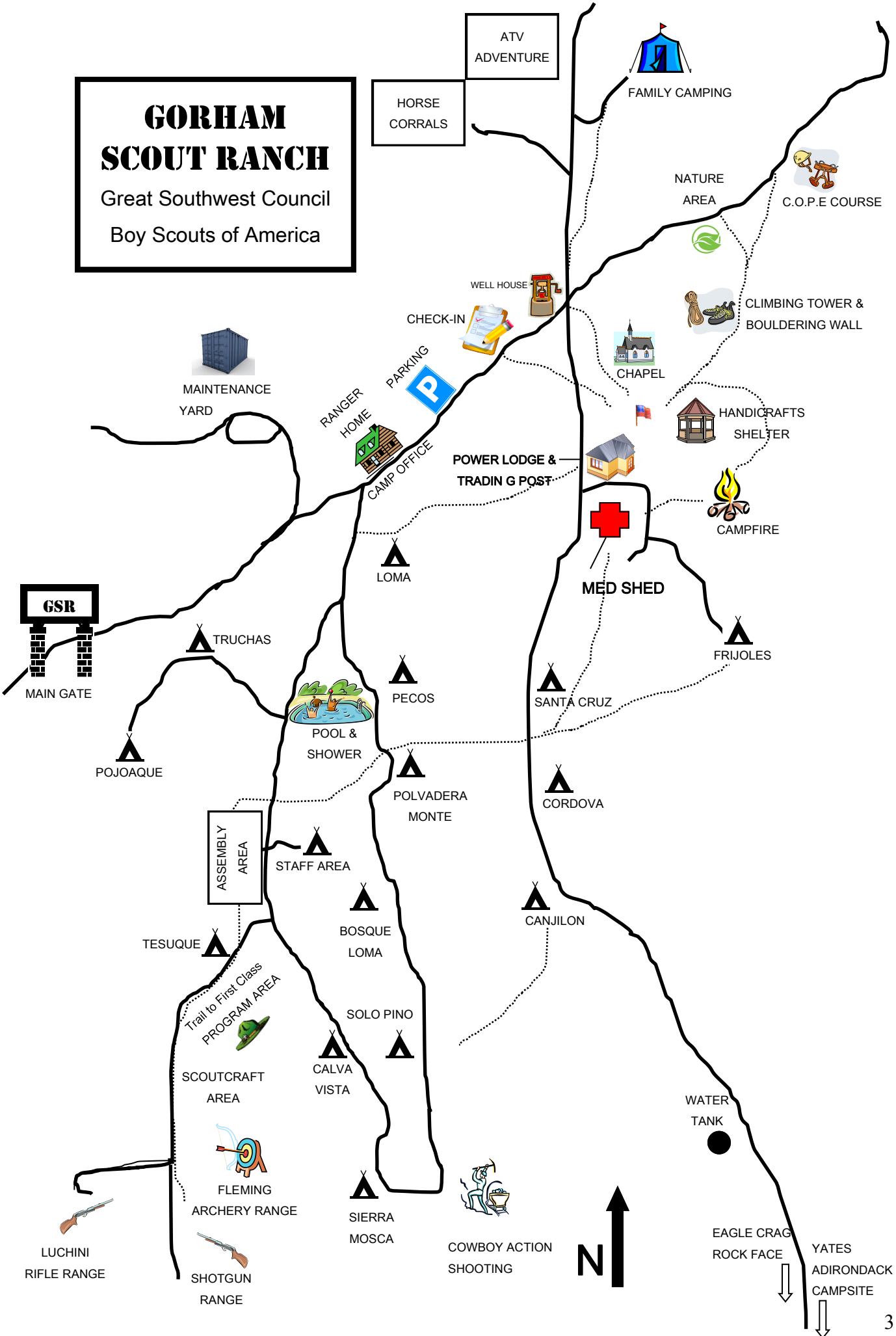
- ◇ Flashlight with extra batteries
- ◇ Pocket Knife
- ◇ Personal first aid kit
- ◇ **Canteen/water bottle**
- ◇ Swimsuit (no cut-offs)
- ◇ Pack or duffel bag
- ◇ Work gloves for projects
- ◇ Ground cloth/tarp to cover tent
- ◇ Pencils and note pad
- ◇ Pre-addressed envelopes and stamps

### Optional

- ◇ Sunglasses
- ◇ Camera
- ◇ Compass
- ◇ Trading Patches

# GORHAM SCOUT RANCH

Great Southwest Council  
Boy Scouts of America





# Summer Resident Camp Unit Special Needs Form

Gorham Scout Ranch

The Great Southwest Council

Boy Scouts of America

This form is to be used to notify the Great Southwest Council of any special dietary, health, or mobility needs your unit will have at camp. The Great Southwest Council will make every reasonable effort to accommodate your special needs. This form will be submitted to the camp personnel for follow-up. Please be specific in explaining the needs and attach additional sheets if necessary. The contact person listed below will be contacted with any questions. Please use a separate sheet for each individual requiring accommodation. The menus will be published on our website [www.gswcbsa.org](http://www.gswcbsa.org) in early May. **Please submit the form no later than two weeks prior to your arrival at camp.** Forms should be sent to Randy Saunders at the Scout Office, 5841 Office Blvd NW, Albuquerque, NM 87109 or emailed to [randy.saunders@scouting.org](mailto:randy.saunders@scouting.org).

Contact Person: _____	Person Needing Accommodations: _____	
<input type="checkbox"/> Adult <input type="checkbox"/> Youth		
Contact Phone Number _____	Contact email Address _____	
Unit Type and Number: _____	Council: _____	Camp Session/Dates: _____
<b>Please describe in detail, the specific needs of the person requiring accommodations:</b>		